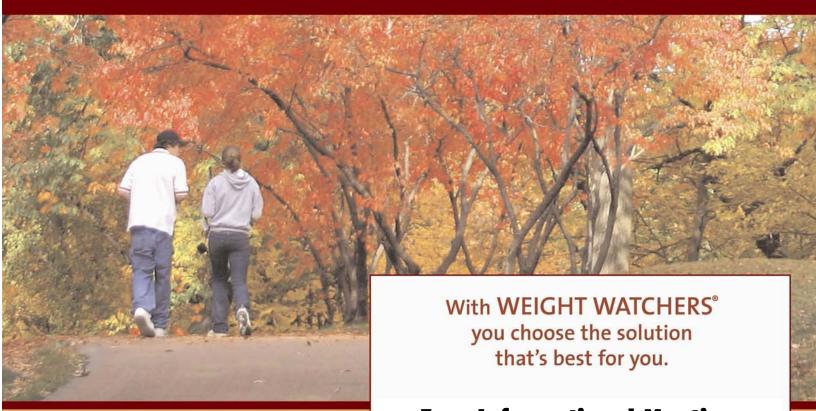


It's the perfect time to make some positive changes.



LEARN HOW, RIGHT NOW.

Weight Watchers gives you access to healthy, sustainable ways to lose weight. You choose when and where it's convenient for you.

AT WORK MEETINGS*†bring the Weight Watchers experience to your workplace where a trained Leader facilitates weekly meetings, and you benefit from the proven advantage of group support from co-workers.

Free Informational Meeting

Date:

Time:

Place

Contact:



* Available only in participating areas in the U.S. *Minimum enrollment required.

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Get Healthy. Stay Healthy

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